

# SANITATION, HYGIENE AND EMPOWERMENT OF THE GIRL CHILD



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| <b>Category</b>                | EDUCATION   |
| <b>Subcategory</b>             | Sanitation and Hygiene                                |
| <b>Project Name</b>            | SANITATION, HYGIENE AND EMPOWERMENT OF THE GIRL CHILD |
| <b>Date(s) of Service</b>      | JAN 2024  |
| <b>Location</b>                | India, Chhattisgarh,Durg,Jheet                        |
| <b>Beneficiaries</b>           | Lower income Students                                 |
| <b>Number of beneficiaries</b> | 504 students and 9 staff                              |

|                             |  |                 |
|-----------------------------|--|-----------------|
| <b>Sponsor(s)</b>           | EKAM USA   | Ekam New Jersey |
| <b>Implementing Partner</b> | SEWA International   |                 |
| <b>Description</b>          | EKAM USA/Ekam New Jersey funded the building of 4 toilets for adolescent girls in Government High school in Chhattisgarh. In addition to the construction work, conducted menstrual awareness sessions for adolescent girls, distributed reusable napkin kits, and organized yoga and self-defense workshops for the students. |                 |

## SANITATION

Focus Areas:

Construction of new toilets Repair of existing non functional toilets  
Hand wash stations  
Soak pit  
Overhead tanks  
Water provision for drinking and sanitation.

## HYGIENE & MENSTRUAL HEALTH

Focus Areas:

Menstrual Hygiene Awareness Sessions.  
Distribution of reusable cloth sanitary napkins.  
Menstrual products manufactured by local women.

## SKILL DEVELOPMENT TRAINING EDUCATION

Focus Areas: 14 day Yoga & mental wellness workshop

Self defense sessions to empower girl children

Health camps, personality development sessions

## EMPOWERMENT

Skill set and entrepreneurship training for COVID impacted women Provide underprivileged women from urban, rural and tribal India with financial stability through skill development trainings and livelihood opportunities; build confidence to overcome the trauma  
Help beneficiaries to get jobs or become self-employed  
Ongoing programs: Regional skill development, weaver empowerment, micro-enterprise, livestock rearing, tailoring, digital literacy, Agri farming, etc.

### Key Requirements post need analysis:

#### SCOPE OF WORK

State: Chattisgarh  
District: Durg  
Block: Jheet  
Number of schools identified: Government  
Higher secondary school  
Total toilets to be built: 4  
Total School Strength : 504 Students, 9 Staff  
Other interventions: Menstrual hygiene, Yoga and self defense for students

#### Progress Report

4 toilets/urinals in Government higher secondary school-Jheet  
Overhead tank for providing water for sanitation and providing water connections to the toilet units  
Wash basin unit outside the toilet block  
Yoga and Mental wellness course with distribution of yoga mats.  
Menstrual hygiene awareness camps for adolescent girls with distribution of reusable sanitary napkin kits to all beneficiaries  
Workshop on self defense techniques for girls.

## Photo Gallery













